

Has violence been an issue in your current marriage?

- Yes No

METHOD OF PAYMENT

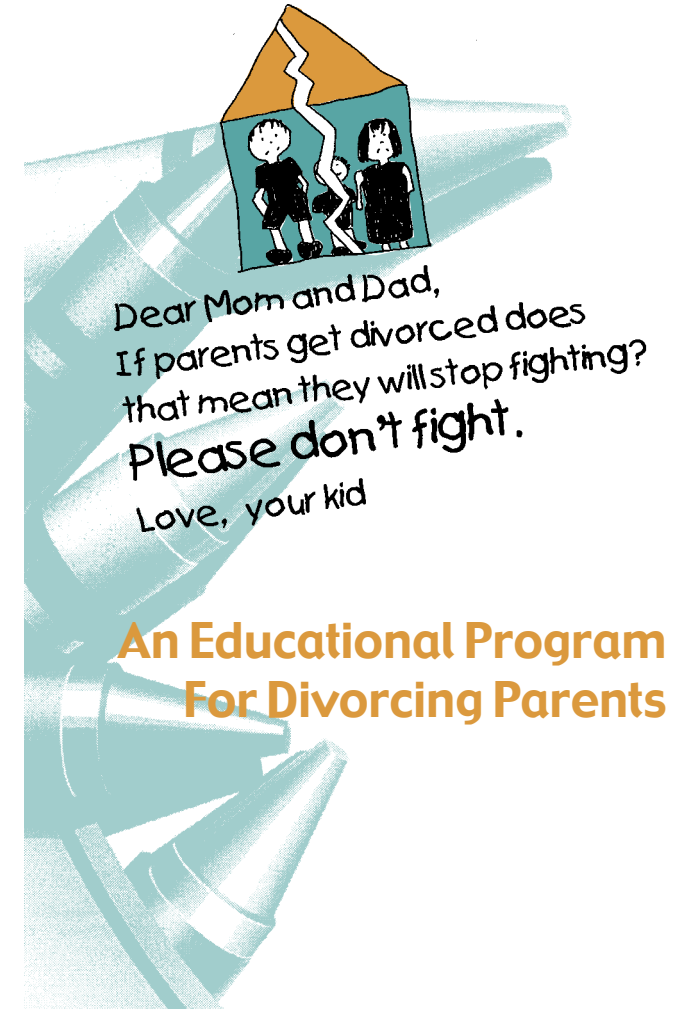
- \$30 (per person) fee enclosed.
(Make check or money order payable to _____ County Extension.)
- Payments made by CASH at the door will be \$40 for each person. (Please arrive 10 minutes early)

If payment is a problem, please contact the Extension agent prior to registration for the class in the county where you will attend class.

Please detach the registration form and return it along with your payment to the UT Extension office where you will attend class.

PARENTING APART

Effective Co-Parenting



Dear Mom and Dad,
If parents get divorced does
that mean they will stop fighting?
Please don't fight.
Love, your kid

**An Educational Program
For Divorcing Parents**

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Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension provides equal opportunities in programs and employment.

Parenting Apart: Effective Co-Parenting

An Educational Program for Divorcing Parents

Tennessee has one of the highest divorce rates in the U.S. Because divorce is so common, it may seem like adjustment to divorce has become easier for everyone involved. In reality, divorce is hard for all family members, especially children. Because of concerns about the negative impact of divorce on children, the Tennessee State Legislature passed a law requiring divorcing parents of minor children to attend a parent education program.

University of Tennessee Extension has developed a four-hour program, "Parenting Apart: Effective Co-Parenting," to help divorcing parents learn how to help their children cope with the issues that arise because of the parents' divorce.

The following topics are covered in the program:

1. facts about divorce
2. the processes of divorce and mediation
3. domestic violence and divorce
4. dealing with stress
5. how children react to divorce
6. positive communication skills
7. helping children get through divorce
8. keeping children out of the middle of conflicts
9. the family after divorce

Classes include group discussion, the viewing of videos and lecture. Each participant will receive a booklet about parenting through divorce and a list of local resources. Classes are taught by Extension Family and Consumer Sciences (FCS) agents. The agents have either a bachelor's or master's degree in Family and Consumer

Sciences and have training in issues related to children and families.

Pre-Registration

Participants must register in advance to be sure of a place in the class. Those who do not pre-register may not be admitted if the class is full. The cost of the program is \$30 per person if paid in advance. The cost will be \$40 cash if paid at the door. There will be no fee for the class if you have an order to no-fee parent education. This must be obtained from the judge. Classes of less than five pre-registered participants may be canceled. Refer to the class schedule or contact your local UT Extension Office for more information. The class will be offered in two 2-hour sessions or one 4-hour session. You may want to attend a class at a location other than where your divorce is filed. Check with your attorney to be sure that an Extension class taken in another county will be accepted by the judge hearing your case. Divorcing spouses are encouraged to attend separate classes.

Do not bring children to class. Child care is not provided and the subject matter is not intended for children.

Classes begin on time and participants will not be allowed to attend if they arrive after the starting time. A certificate will be given to all persons who complete the course. To get credit for taking the course, please list your civil court, docket number, and social security number on the registration form.

For more information, please call the UT Extension Office in the county where you plan to take the class.

Registration Form

(Complete both sides)

Name _____

Mailing address _____

(City/state/zip code) _____

Home phone () _____

Work phone () _____

Court in which divorce is filed _____

Civil Court docket number _____

Social Security No. _____

Name of spouse/former spouse _____

Class Selection

Record the time, date and location of your class here.

Location _____

Date _____

Time _____

(over)